

MODULE 1

Motivators Self Assessment

Lesson 5

MOTIVATORS SELF ASSESSMENT

eCourse and eCourse BUNDLE instructions

- Motivators Value Wheel
- Instructions for the eCourse **Bundle** Motivators Assessment
- Schedule your report debrief call

Supercharge Your Motivation Authentika Academy Authentika Consulting Inc.

MOTIVATORS SELF ASSESSMENT

Please review the 7 Motivators Dimension Descriptors and consider where you place your score for each dimension shown in the value wheel. Give yourself a score from 1 to 10 for each of the 7 dimensions and based on what you know about yourself and believe to be true when it comes to your motivators.

Scoring Guide

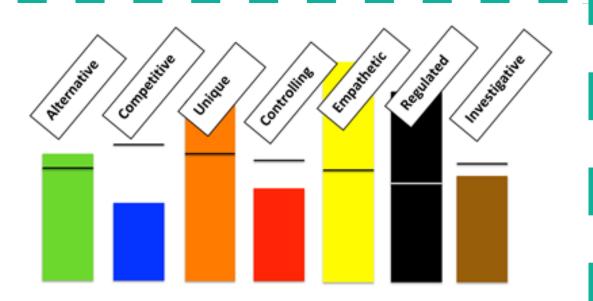
Both low and high scores can have an influence on the choices you make and both high and low scores can lead to the greatest impact on your decision making based on what you give the most or least priority. Either a high or loss score means you have a strong need in that area - either in favour of that motivator or away from it.

A low score would be in the 1 to 3 range, meaning that the motivator has little value to you and isn't a major priority when it comes to your decision-making. A score in the mid range 4 to 6 creates a normal degree of influence which is typically not noticeable. A score in the high range, 7 to 10 means you have a strong need in that area.

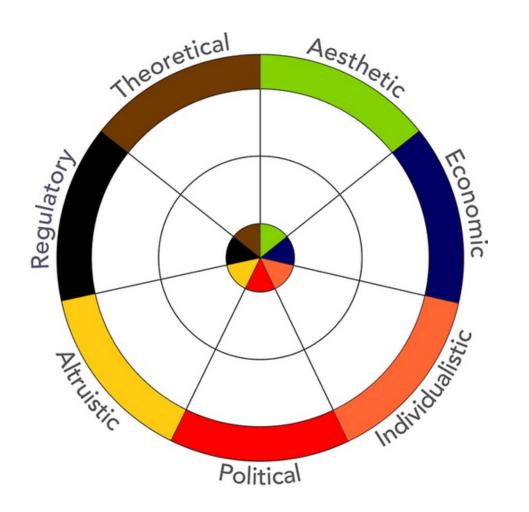
IMPORTANCE is determined by the score and comes in two parts – it explains IF I value the dimension and HOW I value it.

IF I value it:

- A High Score means that the expression of this Motivator is very important to me. Example: If I am High Economic getting a return on my investment is VERY Important.
- A LOW Score means that this Motivators is not important to me. Example: If I am Low Economic, a return on my investment is NOT important to me. My score (whether high or low) reveals a descriptor of HOW I value the dimension.
- A High ECO score shows Competitive. This is HOW I interact with this Motivator or the "thing" that drives me.
- A Low ECO score shows Satisfied. This is HOW I interact with this Motivator or the "thing" that drives me.
- If I am driven by competition, then everything becomes an opportunity for me to fight for the win. If I am satisfied, I won't fight for the win, but rather take what is presented to me as it comes and make the best of it.



THE MOTIVATORS VALUE WHEEL



7 MOTIVATORS DIMENSION DESCRIPTORS

Each descriptor below reveals your preference for shaping behavior and indicates what energizes you.

Motivator	Low Score Energized by	High Score Energized by
Aesthetic	Grounded Pragmatic and tangible approaches that bring concrete and reliable results.	Eccentric Achieving equilibrium and harmony between the world around you and yourself.
Economic	Satisfied Less competitive approaches and being more satisfied with what you already have.	Self-Mastered Self-interest, economic gains, and achieving real-world returns on efforts.
Individualistic	Secure Not seeking the limelight, keeping ideas to yourself, and less likelihood of self- promotion.	Unrestricted Expressing your autonomy and freedom from others' ideas and protocols.
Power	Submissive Supporting other people's efforts and a less focused approach to owning your own personal space.	Domineering Directing and controlling people, environments, and personal spaces.
Altruistic	Self-Focused Focusing on personal wants and needs and taking a more suspicious stance towards the moves of others.	Pushover Helping and eliminating pain and suffering of others at personal cost.
Regulatory	Defiant Remaining independent of as opposed to depending on the restrictive ideas of others.	Black & White Establishing routine, order, and setting boundaries for yourself and others.
Theoretical	Dis-Interested A more dismissive view of gathering new information and discovery while relying more on your natural instincts and past experiences for answers.	Scholarly Activities towards knowing everything that can be known about what you believe to be important and truthful.

eCourse BUNDLE INSTRUCTIONS for completing the online MOTIVATORS ASSESSMENT

Congratulations on selecting the eCourse BUNDLE for Supercharge Your Motivation!

You will receive an email with a link to complete the assessment. If for some reason you don't receive the assessment or if you have questions about it, please email: info@authentikaconsulting.com and you will be emailed the assessment link within 24 hours. Please be sure to check your spam folder in the event the email with the assessment link is filtered there instead of directly into your email inbox.

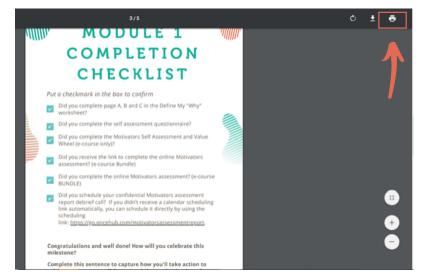
The online assessment is 100% confidential and should take you no more than 5-10 minutes to complete. Please don't overthink your answers. Respond with a "shoes off" and relaxed approach where your responses are the ones that come to you instinctively and aren't a reflection of how you feel you should answer or how you would like to be perceived.

Once you complete the assessment, please book time using ScheduleOnce.com to schedule your 30-minute report debrief call. You will receive a link to schedule your debrief call. If for some reason you don't receive the link, you can schedule it directly via this <u>LINK</u>.

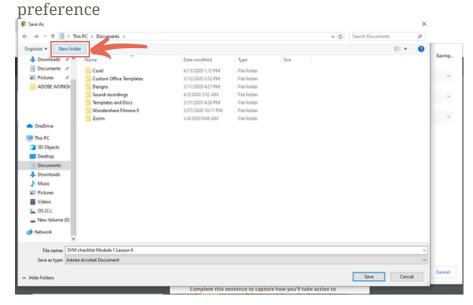
Cancellation policy: Should a cancellation of a meeting occur with less than 24 hours notice of a scheduled meeting, Authentika Consulting reserves the right to invoice the client for a missed meeting. Make-up sessions must occur within a week of the originally scheduled session. It is important that you prioritize the coaching experience to receive its full benefit.

Guide on how to save your worksheet

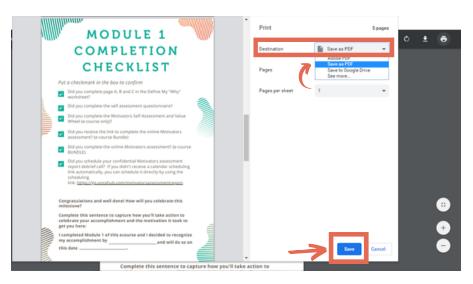
Step 1: Click on the print icon



Step 3: Create "New Folder" and name it base on your



Step 2: Choose the destination of your file, select "Save as PDF"



Step 4: Click "Save" button

